# **Praise Changes Things**

# Mrs Charles E Cowman

"Let the peoples Praise Thee, O God; Let all the peoples Praise Thee

THEN

Shall the earth yield her increase and God, even our own God shall bless us" (Psalm 67:5,6)

> I heard a bird at break of day Sing from the autumn trees A song so musical and calm, So full of certianties.

No man, I think, could listen long Except upon his knees. Yet this was but a simple bird Alone among dead trees.

#### **PRAISE CHANGES THINGS**

A booklet bearing the title "Prayer Changes Things" was written by Dr SD Gordon several years ago. Dr Gordon's books on prayer are well-known throughout the world, and this particular booklet has made a deep impression upon multitudes of Christian people. In many homes may be found the motto, PRAYER CHANGES THINGS, and great blessing has resulted from this simple statement. We are all aware that prayer, believing prayer, does change things. We know also, that many times the enemy has not been moved one inch from his stronghold, although we have persisted in prayer for days, months – yes, often years.

Such was my own experience when passing through a time of very great pressure, and prayer **did** change things. I came into posession of a wonderful secret. That secret is simply this: after we have prayed and believed, **Praise** changes things.

One morning during the summer time a fellow-missionary who was then a guest in our home went out into the garden for a stroll among the flowers. He returned after a short time holding in his hand a lovely white pigeon which he had found beside the garden walk. One of its wings was injured and it could not fly.

The missionary became greatly interested in its welfare, building a cote from an old wooden box to shelter it from the weather, and feeding it morning, noon and night. As the days came and went the pigeon became quite tame. It would watch its mates as they soared away up through heaven's blue, making no attempt to use its wings and follow them in their flight. Poor little bird with a broken wing! Our hearts were knit to the wee thing in tender sympathy, for were we not also prisoners?

Prayer had gone up from our hearts almost unceasingly: one long, yearning cry for deliverance from bondage which held us. Not one rift in the cloud could we discern. Although our "prayer-wing" was fully developed, we were like the little bird – BOUND. We do praise God, that throughout those dark days we were kept from fainting. Faith ever beheld a star of hope!

Our loving Lord drew our attention at this time to an altogheter new line of attacking the enemy. His Word unfolded step by step, and such a revelation of the secret of obtaining victory was given that our prayer life underwent a complete transformation. We discovered that two wings were neccesary to mount the soul God-ward: prayer and praise. Prayer asks, praise takes, or obtains the answer.

I fancy that some who read these lines may say, "I, too, have prayed and prayed, but I do not **feel** like praising God. Praise when my heart is bleeding and torn? Praise when the preassure is greatest? Praise when walking through the valley of the shadow with the one I have loved better than my own life? Nay! Tell me rather to weep. How can I paise God at such a time?"

In Psalm 107:22 we find these words — "Sacrifice ... the sacrifice of thanksgiving." What is a sacrifice? It is an offering to God. A "sacrifice of thanksgiving" is to praise God when you do not feel like it; when you are depressed and despondent; when your life is covered over with thick clouds and midnight darkness; this is acceptable to God, a "sweet-smelling savour to our Lord and King." While we are admonished to "pray without ceasing," are we not also commanded to "rejoice evermore?" Again, "for this is the will of God concerning you."

When shall I praise God? When I feel happy, and when everything is moving along smoothly? When there is no trial crossing my pathway? It would be no sacrifice to praise God at such a time as this. Sacrifice **hurts**! It **costs**! It costs **blood**!

The book of Jonah contains a very precious truth which throws a great deal of light upon this subject. No-one could have been in a place where the outlook was darker: Jonah was at the bottom of the sea with the "weeds wrapped about his head." What a desperate situation! Humanly speaking, every ray of hope was gone, and he said, "My soul fainted within me." But listen! In his trouble he also said, "I will look again toward the holy temple." He did the very sensible thing when he took his eyes off the discourageing surroundings, out them in the rightful place, and began to pray. He then went a step further, and determined to **praise** without feeling, saying, "I will sacrifice with the voice of thanksgiving." What a place for a praise meeting! And what a song! "Salvation (deliverance) is of

the Lord!" As he sang and praised, the great whale began to rise toward the surface of the water, and move out toward the shore, and Jonah soon found himself upon the dry land.

**Praise** has a wonderful lifting power! We need not be anxious about the outcome of things, if we will but take the attitude of deliverance and begin to **praise**. When Jonah's soul fainted within him he deliberately looked right away from his surroundings and uttered these wonderful words: "They that observe lying vanities forsake their own mercy." Let us note this lesson: when Jonah was hemmed in on every side, everything that he could see which suggested disaster he called a "lying vanity." If he had not taken his eyes off these "lying vanities" he would have forsaken the mercy that God offered him. We never get **faith** by looking at ourselves, our surroundings, our difficulties.

We read in 1 Samuel of Saul being tormented by an evil spirit. David was sent for, and the record says, "When David played upon his harp the evil spirit left Saul and he was well." Is not this a splendid way of getting rid of the enemy when he attacks us with mental depression?

"The weakest saint may Satan rout Who meets him with a praiseful shout."

Martin Luther once wrote these words: "When I cannot pray, I always sing."

It is said that there is not one despondent note to be found in the New Testament.

In 2 Chronicles there is a thrilling narrative concerning a battle won through **praise**. Jehoshaphat was told that a great multitude was coming against him from beyond the sea. He fully realized the difficulty of the situation, and went to the Lord with his trouble. His was a humble prayer: "We have no might against this great company ... neither know we what to do: but our eyes are upon Thee." Not upon the greatness of the difficulty, but upon Him. It was a crucial test, but the Lord did not leave Jehoshaphat in doubt as to His will, but made it known through one of the young men, who spoke these words of the Lord: "The battle is not yours but God's ... ye shall not need to fight ... fear not, nor be dismayed." **Fear** is a deadly enemy. Let us remember, when we are tempted to tremble, that "God hath not given us the spirit of fear, but of power, and of love, and of a sound mind" (2 Tim. 1:7).

And then Jehoshaphat appointed singers who should go forth before the army singing, "Praise the Lord; for His mercy endureth forever." All this they did, and yet not one visible sign of the promised salvation of the Lord. Right in the very face of battle against an army mighty in number, they sang, "Praise the Lord!"

The inspored record says: "When they **began** to sing and to **praise**, the Lord set ambushments against the children of Ammon, Moab, and Mount Seir ... and they were smitten." Two of the allied opposing armies began to fight the third, and when they had demolished them they turned upon each other until the valley was filled with dead bodies and "none escaped." They had **more than victory** after this, for we read: "Jehoshaphat and his people ... were three days in gathering of the spoil, it was so much." So you see they were much richer at the **end** of the trial then at the beginning. They had **added good** which they never dreamed of possesing and the "way of the wicked was turned upside down."

There are two songs in Jehoshaphat's great battle: the song of praise **before** and the song of deliverance afterwards. We also, should have two songs: a song in the valley of Berachab (blessing) praising God for the fulfilment of all that He has promised; but it is more precious to have the song of praise **before** – praising Him without sight or feeling while we see Him set ambushments against the enemy and complete the victory. Shall we not have both?

The marvellous experience which Paul and Silas had while in prison is but another example of the result of **praise at midnight**. They were bound in an inner prison, their feet fast in the stocks because they had preached the Gospel of Christ. Such preaching always stirs up opposition and brings persecution for the enemy does not wish any invasion of his territory. There was no earthly way of escape for them and it looked as if they would lose their lives the next day. But there is always a Divine way out of a difficulty! No matter how great the difficulty may seem, we have the sure promise made by the unfailing Promiser: "But God ... will, with the temptation (testing) also make a way of escape" (1 Cor. 10:13). The God of the impossible can make ways where there are no ways. Do we hear Paul and Silas complaining of the hardness of the way? Are they grumbling, weeping, wondering why the Lord has allowed them to get into this peculiar predicament? We do praise God that no sound of murmuring came through those prison walls. In that uncomfortable position in prison, their backs bleeding from the wounds inflicted by the thongs, they praised God, offering unto Him the "sacrifice of thanksgiving."

I think their duet ran something after this fashion:

"His grace is sufficient for me, His grace is sufficient for me, His strength is made perfect in weakness; His grace is sufficient for me."

As they sang and **praised** the miracle was wrought! The foundations of that dingy old prison began to tremble, the building rocked and swayed, the doors burst open, and they were free! "Everyone's bands were loosed!" Thus the Lord takes the things that are against us, and transforms them into blessings for ourselves and others, even using our enemies to fight for us.

Beloved, is it a midnight time in your life? Are you in a dungeon? Your feet held fast in the stocks? Have you given up in hopeless despair, thinking that escape is impossible? Begin, right now, to praise God! "Whoso offereth the sacrifice of thanksgiving glorifieth Me and prepareth a way that I may show him the salvation of God" (Ps. 50:23) (margin RV). God's word is true! When you begin to praise He will send the earthquake and set you free! He will "break every yoke," (Isa. 58:6).

Habakkuk, that prophet of old, knew something of this wonderful secret of victory, for he too sang a song of **praise** in his darkest hour. Catch the echo. "Although the fig tree shall not blossom, neither shall fruit be in the vines; the labour of the olive sahll fail, and the fields shall yield no meat: the flock shall be cut off from the fold, and there shall be no herd in the stalls: Yet I will rejoice in the Lord, I will joy in the God of my salvation," (Hab. 3:17,18). May we not conclude, that at the close of his song he did what some real Christians were accustomed to doing? For he adds, "He will make my feet like hinds' feet."

We read in the book of Joshua how the walls of Jerico fell flat after they were compassed seven days. God had declared that He had **given** them the city. Faith reckoned this to be true, so they began their march around the walls using as their only weapon, that which indicated triumph — a ram's horn! Unbelief might have prayed this kind of a prayer: "O Lord, make the walls totter just a little, or loosen a few stones so that we may have a sign that Thou art going to answer our prayer, and **then** 

we will praise Thee." Prudence might have said, "It is not safe to shout until the victory is actually won, lest the Lord be dishonoured before the people, and we be greatly humiliated." This would not have been faith at all. They acted on the authority of God's Word, and shouted the shout of faith before there was a sign of encouragement, and the Lord accomplished the rest. It is after we make a full commitment thet "He will bring it to pass."

"Thou waitest for deliverance, O, soul thou waitest long! Believe that NOW deliverance Doth wait for thee in song!

Sigh not until deliverance Thy fettered soul doth free; With songs of glad deliverance God NOW doth compass thee."

How many walls of difficulty would fall flat were we to simply march around them with shouts of praise? As we compass "walls" with praise, the Lord has promised to "compass us about with songs of deliverance."

There is a legend which tells of two angels who come from heaven every morning, and go ontheir rounds all the day long. One is the Angel of requests. The other is the Angel of Thanksgiving. Each carries a basket. That belonging the the Angel of Requests is soon filled to overflowing, for every one pours into it great handsful of requests, but when the day is ended the Angel of Thanksgiving has in his basket only two or three small contributions of gratitude.

"Were there not ten cleansed? But where are the nine?"

A missionary in dark China was living a defeated life. Everything about him seemed to be touched with sadness. Although he prayed many months for victory over depression and discouragement, no answer came. His life remained quite the same. He determined to leave his post and go to an interior station where he could be quiet and spend long hours in prayer till victory was assured. Upon reaching the place he was entertained in the home of a fellow-missionary.

On the wall of his bedroom hung this motto:

## **TRY THANKSGIVING**

The two words gripped his heart, and he thought within himself, "Have I been praying all these months, and not been **praising**?" He stopped and began to **praise** God and was greatly uplifted. Instead of hiding away to agonize in prayer, he returned immediately to his waiting native converts to tell them that **praise changes things**. Wonderful blessing attended his simple testimony, and the bands that had bound others were loosed **through praise**.

I wish to add my own humble testimony to that of my fellow-missionary. It was a dark, dark nght in my life when the words "Praise waiteth for Thee, O God, in Zion" (Ps. 65:1) were impressed upon my mind. I had been waiting in prayer for months. The months were now streching on into years — piled up, as it were, before God. Could I not now wait in praise before I saw the answer, or must I wait for

signs and wonders before I believed His Word? God was waiting for me to take this final step in faith, and when I **began** to praise Him for the answer, **to wait in praise**, to "rest in the Lord, and wait patiently for Him," He began to answer in a manner that was "exceeding abundantly above all" than I could ask or think! The possesion of the secret of victory has transformed my life and filled it with unutterable gladness.

The story is told of Sir Michael Costa, that he was holding a rehearsal one night with his vast array of musicians and hundreds of voices. The mighty chorys rang out with thunder of organ, sounding of horns, and clashing of cymbals. Far back in the orchestra one who played the piccolo said within himself: "In all this din it matters not what I do." Suddenly, all was still! The great conductor had stopped, flung up his hands. Someone had failed to take his part! The sweet note of the piccolo had been missed.

Is your "praise note" missing from the heavenly choir, beloved? Are you waithing, waiting, yearning for God to answer your prayer? He is waiting to answer.

## TRY THANKSGIVING!

If A bird in a cage can sing, my dear, As tho' the days of the Spring were here; If a bird, forgetting the time of year,

Can sing in a room that is dark and dim, As tho' he sat on a greening limb – Yea, sing for those who imprison him;

If a bird, when all that he knows are gone To the lovely south or the crimson dawn, Can sit alone and can still sing on —

Surely then you and I can sing, Whatever shadows around us cling, Or what the moment may chance to bring;

Surely then you and I can be, Tho' bound in body, in spirit free – Can sing a little as well as he.

We lose some loves as we pass along, There are some go far, there are some go wrong, But still there is joy enough for a song.

No night so dark but the dawn is near – Oh, we can find some thought to cheer, If a bird in a cage can sing, my dear! Douglas Mallock